



TEAM PLACEMENTS

MAY 18TH

6 YEARS & UNDER: 9:00 A.M. – 10:00 A.M.

7-11 YEARS: 10:00 A.M. – 12:00 P.M.

12 YEARS & OLDER: 12:00 P.M. – 2:00 P.M.



2019-2020 TEAM INFORMATION

We are a training facility where we teach strong values, good sportsmanship, and give positive praise in a disciplined, structured environment. With our exceptional coaching staff, we pride ourselves in teaching skills necessary for everyone to obtain high competitive goals.

Placement Checklist

Our tryouts are not stressful! We evaluate in groups and encourage participants to re-do their skills if they are not 100% satisfied with their tryout. The selection of teams is tedious, and many key elements are considered in our decisions. We must choose a well-rounded variety of individuals for each team that takes into account the team successes and also the proper progression for each athlete.

With the new score sheets and judging rubric, we stay competitive by requiring that more than the majority of athletes need to participate in all level appropriate skills. Exceptions will be made to create a well-rounded competitive team.

****TRYOUTS ARE CLOSED TO ALL PARENTS AND SPECTATORS****

BEFORE TRY-OUT DAY

- Read the tryout guidelines
- Attend tumbling classes leading up to try-outs
- Attend jump classes the weeks before try-outs
- Register to tryout by email at lccheerraining@gmail.com



ON TRY-OUT DAY

- Pay the try-out fee (\$25)
- Fill out the code of conduct form and the financial commitment contract

LCCT Team Guidelines and Expectations

Financial:

- Monthly tuition for families with athletes will be discounted as follows: A \$15.00/month sibling discount will be awarded for the second child of a family participating with LCCT. Third sibling tuition is free. All other fees will apply per athlete.
- Every athlete will be required to work out over the summer at Project Fit. The sessions will be held on Sundays during June and July from 3-4pm. Work outs will be \$45 per month and will be turned in with your LCCT tuition. Each athlete is required to go at least three out of the four sessions a month.
- **LATE FEE:** All tuition is due on the 1st of the month. **If an account remains unpaid after the 10th of the given month, a \$50 late fee will be added to the account.** Athletes may be held out of activities or competitions until the account is brought current.

Refund:

- If you quit or are removed from the team by LCCT, you will not receive a refund of any kind. This includes any prepaid amounts.
- If you quit in the middle of the season, you are obligated to pay the next month's fee.

Social Media:

As a parent of a Lake Charles Cheer Training athlete, please know that you and your athlete are a HUGE representation of the company as well. We do not condone an athlete or parent cursing, swearing, speaking negatively about our program, our coaches, any of our athletes, their parents, and/or families, or posting inappropriate pictures or anything deemed to be inappropriate on social media. This also includes speaking negatively of another cheerleading company. If anything of this sort is brought to our attention, you may be asked to remove it. Please use your best judgement regarding this matter. If there are any issue that need to be addressed, please bring it to a coach's attention immediately. Again, please go to the proper line of communication when there are any issues so that we may handle getting it resolved or addressing the problem.

Lobby Chat:

Lake Charles Cheer Training is a gym that promotes positivity. The lobby is open to the public and any one can watch our amazing athletes while practicing. While we encourage “lobby talk” to take place, we are 100% committed to making sure these conversations are appropriate and respectful. At no time, should anyone talk about athletes, coaches, or other parents in a negative way. This is a topic that we do not condone. We have new members wanting to join the gym every week and want to make sure these new members in addition to the current and former members are treated with the upmost respect. Please note that the curtains may not be open for viewing. It is at our discretion when the curtains will be opened and when they will be closed. This prevents distractions so that the athletes can give their full attention to their coaches.

Competitions:

- At competitions, the athletes and parents are expected to act in a manner that sheds a positive light on the company. We encourage cheering for each and every team. We believe that cheering on all athletes pushes them to excel.
- Also, no parents, athletes, or coaches are allowed to drink alcoholic drinks while representing LCCT at an event.
- Being late to a competition will be grounds for removal from your team.

Practices:

- Every athlete is to ONLY WEAR designated practice wear to practice. The athlete’s hair needs to be pulled back in a ponytail.
- Being late to practice more than three times is grounds for removal.
- If an athlete has 5 unexcused absences, it is grounds for removal from the team. Only ONE unexcused absence is allowed. Valid excuses for missing practices are:
 - Contagious illness (must have doctor’s excuse)
 - Death in family
 - School Cheerleading (required event)
 - Summer Vacation

Sportsmanship:

- Lake Charles Cheer Training has always remained a high level of sportsmanship in and out of the gym.
- We give respect to each and every member affiliated with the company and to other cheer companies as well.
- We do not condone unsportsmanlike conduct and disciplinary action will be taken if it becomes an issue, at any coach’s discretion.

Contacting Coaches:

- If you need to contact a coach, please do so by email or on team snap.



- Please do not text Jaime's phone for questions or concerns. Call or email the front desk if you need any questions answered.

Code of Conduct

- A member and a member's family must at all times be a strong representative of Lake Charles Cheer Training and a positive reflection of their team.
- Abusive behavior, lying, or any other form of negative behavior by a parent or child is grounds for removal from the team.
- All athletes are expected to be at every practice. **5 unexcused absences** will be grounds for removal. A doctor's excuse must be given directly to a coach.
- I understand the importance of punctuality and will arrive at all practices and scheduled events on time. If you are late, there will be consequences.
- I understand that the coaches reserve the right to suspend any athlete's or parent's participation in activities at LCCT or at LCCT functions as disciplinary action.
- Anyone threatening to quit or pull their child from a team may be dismissed from the program immediately.
- As a parent, I will not hold or threaten to hold my child from practice or competition as a form of punishment.
- I understand that all athletes are required to wear the appropriate practice attire to every practice.
- I will maintain all skills that were performed at tryouts and try to improve my skills during the season.

- I will conduct myself with respect and integrity, displaying positive sportsmanship at all times.
- I will not use inappropriate language.
- I understand that it is sometimes necessary for athletes to be moved from one team to another.
- I understand that the lobby area should be a positive atmosphere, and I may be prohibited from using the area if I cannot maintain a positive attitude while there.
- I understand that I am obligated to make all of my payments on time.
- No athlete shall drink alcohol or use any form of drugs including cigarettes while in LCCT attire or at a LCCT event. You will be subject to immediate removal.

I understand and agree to this “Code of Conduct” throughout the 2019-2020 season:

Athlete Signature: _____ Date: _____

Parent Signature: _____ Date: _____

FINANCIAL OBLIGATIONS

| Expense | Amount |
|---|---|
| Monthly tuition Summer Work Outs | Levels 1-5: \$150 Tiny novice: \$120 \$45 per month Begins June 1st |
| USASF membership | \$30 |
| Practice wear | Estimate: \$80 |
| Make-up | Estimate: \$35 |
| Hair bow | \$40 |
| Warm ups | Estimate: \$175 |
| Back pack | Estimate: \$105 |
| Competition cheer shoes | Estimate: \$105 |
| Competition uniform | Estimate: New: \$275 Used: Half Price |
| Music | Estimate: \$100.00 |
| Choreography | Estimate: ? |

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| Competition fees | Estimate: \$75 each competition. Tiny novice – 4 comps Levels 1-5: 5-6 comps |
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Financial Commitment Contract

I understand my financial commitment to Lake Charles Cheer Training as outlined previously. I understand that all payments are made in a timely manner and upon due date. I understand that if all fees are not paid by the 10th of the month, then I will have a \$50 late fee added to my account. I understand that I will forfeit any money paid to date, including monthly tuition and competition fees, if I choose to leave the team, or if I am asked to leave the program.

Parent Signature: _____

Date: _____